



2.5 FAITH IN GOD Prayer & Fasting

Key Objectives

- Understand the purpose of prayer
- Know what may hinder our prayers
- Learn how to pray (Lord's prayer)
- See examples of prayers



Prezi link for the Introduction:

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Certificate course

Legend Key:

-  - Hebrew Word
-  - Greek Word
-  - Read scripture
-  - Heart Question



Before we begin it is important to emphasize that gaining scriptural knowledge in itself, though important, is not enough to change our characters. Putting biblical knowledge into practice is the key, that teaches truth and changes hearts and lives. (John 8:31-32). :-) Focus mostly on the heart questions.

Definition: Prayer



Proseuchomai (pros-yoo'-khom-ahee)

From **G4314** and **G2172**; to pray to God, that is, supplicate, worship: - pray (X earnestly, for), make prayer.



Pâlal (paw-lal)

A primitive root; to judge (officially or mentally); by extension to intercede, pray: - intreat, judge (-ment), (make) pray (-er, -ing), make supplication.

Meanings:

Entreat

1. to ask earnestly for (something)

Intercede

1. to act or interpose in behalf of someone in difficulty or trouble, as by pleading or petition;

2. to attempt to reconcile differences between two people or groups; mediate;

Worship

1. reverent honor and homage paid to God or a sacred personage, or to any object regarded as sacred.

Definition: Fasting



Tsûm (tsoom)

A primitive root; to cover over (the mouth), that is, to fast: - X at all, fast.



Nēsteia (nace-ti'-ah)

From **G3522**; abstinence (from lack of food, or voluntary and religious); specifically the fast of the Day of Atonement: - fast (-ing.)





He is Attentive



Mat 7:7-11 "Ask, and it will be given to you. Search, ...read all

What is God's attitude towards the righteous' prayers?

Can a relationship last without communication?



Do you pray daily?

Faith in prayer



Mat 21:21-22 Jesus replied, "Truly I tell you, if youread all

Jas 1:5 If any of you need wisdom, ask God for it. He will give ...read all

What should our attitude be when we ask something from God?

What is Gods attitude towards us?



Do you know how to pray?

Power of Prayer



Jas 5:13-18 Is any one of you in trouble? He should ...read all



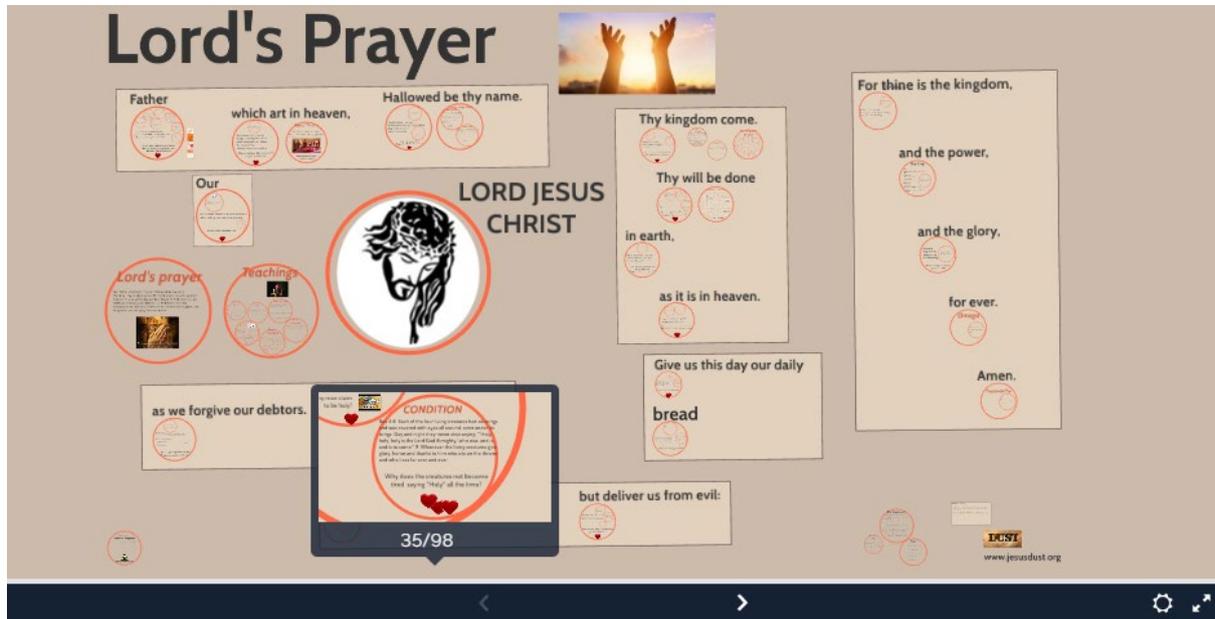
Have you ever kept a record of answered prayers?



Lord's prayer



Mat 6:9-13 "This is how you should pray. "Our Father



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Fasting



Mat 6:16-18 "When you go without eating, do not look

What is the purpose of fasting?

How is fasting different from prayer?

Should we fast or not? Why?



Are you willing to fast for God?



Decision Making



Act 13:2-3 *While they were worshiping the Lord and ...read all*
Why did they fast?

What reaction did they get from the Holy Spirit?



Do you fast for major decision?

Hinders



1Pe 3:12 *The Lord's eyes look with favor on thoseread all*
Mat 6:5 *"When you pray, do not be like those who only pretendread all*

1Pe 3:7 (NASB) *You husbands in the same way, live with your ...read all*
What are some of the reasons God does not answer prayers?



What might hinder your prayers?

Prayer Examples

Jesus Christ



Mar 1:35 *Very early in the morning, while it was stillread all*
How important were prayers to Jesus?

Why was this so important to Jesus?



Is prayer that important to you?

What will prayer do for you?



Disciples



Mar 9:27-29 *But Jesus took him by the hand and lifted him.....*

What were the disciples trying to do?

Why were they unable to do that?



Are you successful in prayer?

What can assist you?

First church



Act 2:42 *They devoted themselves to the apostles'.....*

What were all the things the first church do?

List each activity and describe what that would look like?

Why were they doing each of these activities?



Should we be any different today from the first church?

What can you do to be more like the first church?



Troubled church



Act 4:31 After they prayed, the place where theyread all

Why were they praying?

What was the result of their prayer?



Does your prayer life make you bold?

What can you do about it?

Church Leaders



Act 6:3-7 Brothers, choose seven men from amongread all

What was the focus of the first church leaders?

Why was this their focus?



If you are a leader, is this what your life look like?

Into Practice – Weekly Accountability

The knowledge acquired is worthless and only puffs us up if we don't put it into practice.

1Co 8:1 We know that "We all possess knowledge." But knowledge puffs up while love builds up.

- Have you prayed every day this week?
- What have you prayed for this week?
- Have you considered what may hinder your prayers?
- Which prayers have been answered?
- Did you use Jesus prayer framework to pray?



Key Outcome

- Daily prayers to God in the name of Jesus Christ
- Revitalised prayer life
- Excitement to spend time in prayer with God



FAITH IN GOD PRAYER & FASTING



Memory verse

Don't try and learn all the memory verses at once but only select one or two verses each week. Go at a pace that doesn't add too much pressure on yourself and others. You will find new meaning to the scriptures you memorize.



<p>Mat 6:9 Our Father which art in heaven, Hallowed be thy name. 10 Thy kingdom come. Thy will be done in earth, as it is in heaven. 11 Give us this day our daily bread. 12 And forgive us our debts, as we forgive our debtors. 13 And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, for ever. Amen.</p>	<p>1Pe_3:7 Husbands, in the same way be considerate as you live with your wives, and treat them with respect as the weaker partner and as heirs with you of the gracious gift of life, so that nothing will hinder your prayers.</p>	<p>1Pe 3:12 For the eyes of the Lord are on the righteous and his ears are attentive to their prayer, but the face of the Lord is against those who do evil."</p>
<p>1Co 15:10 But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them—yet not I, but the grace of God that was with me.</p>	<p>Luk_18:1 Then Jesus told his disciples a parable to show them that they should always pray and not give up.</p>	

